

Catarrhal Cough

Mr. W. S. Brown, R. F. D. No. 4, Box 82, Rogersville, Tennessee, writes:

"I feel it my duty to recommend Peruna to all sufferers of catarrh or cough. In the year 1908, I took a severe case of the latter. I then took a bad cough. I had taken all kinds of cough remedies but got no relief. I then decided to try Peruna. I used five bottles. After taking five bottles my cough stopped and my catarrh was cured. My average weight was 115 and now I weigh 145½. Any one suffering with catarrh in any form I will advise them to take Peruna."

Any one Suffering with Catarrh in Any form I will Advise them To take Peruna

Those who object to liquid medicines can procure Peruna Tablets.



FIGHT BEGUN ON SENATORS

Defense Society Sends Letter to Governors Urging Steps To Be Taken.

New York, Sept. 30.—In an open letter to the Governors of the United States, made public here to-night, the Executive Committee of the American Defense Society urged that "steps should be taken at once to rid the United States Senate of those men who by their seditious utterances are giving aid and comfort to Germany."

"The public remarks and the votes of Senators Stone, Reed, La Follette, Gore, Gronna, Vardaman and Hardwick," the letter stated, "clearly show their willful obstruction, seditious, if not, indeed, treasonable tactics."

Each Governor was asked to "arouse public sentiment through an appeal to the fathers, mothers, wives and sisters of men at the front" in his State.

Hope Based On Firm Foundation.

Before the absolute knowledge that consumption can be prevented, arrested and cured it was the subject of universal remark that it was remarkable how hopeful the victims of the disease could be in the fact of certain death from an incurable malady. The hope of getting well, which sprang eternal in their breasts, has at last been given foundation by the study and experience with the disease by doctors who have devoted their lives to it and the infected can now look forward to almost certain relief if they will observe the simple rules laid down by them. They are the deep breathing of fresh air, rest, nourishing food, proper clothing, cheerfulness, clean habits, and clean surroundings and a good doctor. The best results can be obtained in a sanatorium but when they are not available, the State Tuberculosis Commission has had prepared pamphlets giving the proper method of home treatment which Dr. W. L. Heizer, Secretary, Frankfort, will be glad to mail free to any one interested.

ORRINE FOR DRINK HABIT

So uniformly successful has Orrine been in restoring victims of the "Drink Habit" into sober and useful citizens, and so strong is our confidence in its curative powers, that we want to emphasize the fact that Orrine is sold under this positive guarantee. If, after a trial, you get no benefit, your money will be refunded. It is a simple home treatment. No sanitarium expense.

Orrine is prepared in two forms: No. 1, secret treatment, powder; No. 2, in pill form, the voluntary treatment. Costs only \$1.00 a box. Ask for free booklet telling about Orrine. L. L. ELGIN, No. 12 South Main Street, Hopkinsville, Ky.—Advertisement.

Origin of Health Drinking.
The custom of drinking the health of the most popular man at the table has its foundation in the ancient practice originated by the Greeks and adopted by the Romans of drinking to the gods and the dead, observes an exchange. The Greeks and Romans later began the practice of drinking to each other, and from this arose the custom of toasting living men. But health drinking in its modern form, originating in England in the roasting days of Charles II, begins with the custom of drinking to the ladies or to any woman who happened to be the reigning belle of the court. Many and various were the quaint customs associated with the toasts of those days. For example, in certain companies of military officers etiquette demanded that the cup should be passed from hand to hand. In many midnight gatherings of Alsatia, gallants stabbed themselves in the arms in order to drink with their blood the health of the woman on whom their hearts were set.

Industry Gives Delight.
The very exercise of industry immediately in itself is delightful and bath an innate satisfaction which tempereth all annoyance and even ingratiates the pains going with it.—Isaac Barrow.

Fitting Artificial Legs.
In order that one who has lost a leg may select the type of artificial limb best suited to him, a French inventor has perfected an apparatus which accurately records the movements of the feet of artificial legs while the wearer is walking.

QUICK AID GIVEN WOUNDED

Rapid Treatment After Battle and New Cleansing Methods Save Lives of Many Soldiers.

Lieut. Col. Gilbert Barling, C. B., a famous English surgeon who is consulting surgeon to the great base hospitals at Rouen, which accommodate 15,000 patients, says that since the war began immense strides have been made in the surgery of the battlefield. Two improvements that may be noticed as having taken place since the outbreak of hostilities, writes a correspondent of the New York Times, are in connection with the rapid treatment of the wounded after a big battle and the cleansing of wounds.

Five or ten miles behind the fighting sufficient casualty clearing stations—each holding about 1,000 men—have been organized to deal with all the casualties that may reasonably be expected, so that once a man is picked up by the stretcher bearers he receives adequate treatment within a very short time. Here also is a special hospital, perhaps of 50 beds, for abdominal cases, which are the most urgent. In the old days such wounds, because of the delay before they could be treated and cleaned, were generally considered to be fatal; but under the new conditions, by which a man so hit is placed in an ambulance and sent off immediately, if necessary, without waiting for other wounded to be placed in with him, the dangerous delay is overcome, and the wound kept aseptic and more amenable to treatment.

OIL TO BE KING IN FUTURE

Necessity for Petroleum Products Shown in War as Well as in Industrial and Domestic Life.

The European war is without a doubt doing more to direct general attention to the claims of oil and its multitudinous products than any amount of advertising in normal times could have accomplished, says a writer in the Petroleum Review.

The great clash of arms on the continent has from its commencement shown that the necessity for the products of petroleum in up-to-date warfare is no less than in either the industrial circles or in domestic life. We are today as much dependent upon the refined products of crude oil as we are upon wheat and other necessities of life, and as time goes on, and the uses which are constantly being found for petroleum multiply, our dependency upon oil becomes the greater.

It is no surprise, therefore, to find that not only are petroleum products generally commanding greater attention than they ever before did, but that a particularly healthy atmosphere permeates those enterprises which have laid themselves out—and successfully so—to engage in the production, the refining, the transport or the distribution of petroleum products. There is, in short, no mistaking the fact that in the future oil will be king.

The Fundamental Principle.
"Science has taught us a great many interesting things about race progress and eugenics, but the fundamental principles of eugenics seems to have discovered itself very early in the history of the race. Healthy children are usually those who are born of happy marriages."—Woman's Home Companion.

One of Life's Compensations.
It is one of the most beautiful compensations of this life, that no man can sincerely try to help another without helping himself.

GOLFERS TO DO THEIR SHARE

Young Men Whose Names Are Most Prominent in Tournaments Will Be With the Colors.

What effect war will have upon American golf is a question that is easily answered. At first blush to say that war will practically kill American golf during the continuance of hostilities seems like evil tidings, but upon consideration and reflection a different aspect is revealed. One need only to look to the home of the royal and ancient game to perceive why American golf, by which is meant golfing competitions among the ranking players, must surely be no more until peace returns, says Golf Illustrated. The officials of the baseball leagues are declaring that war shall not make them close their gates, but that is an example which golf cannot and will not follow. There are no gates to close in golf save the clubhouse door which the golfer will shut behind him when he goes forth to serve his country. No lure of the links kept the golfers at home in Britain and none will keep them here. The organization and machinery of the game will be carried on by the members beyond military age, but the younger men, the men whose names fill the first flights in the tournament rosters will be with the colors if the nation needs them. It was so in Britain and it will be so here. Golf would not be golf were anything else to happen.

BOOTING CROOKS NEW SPORT

South American City Found Way to Reform Pickpockets But the Innocent Suffered Also.

"Booting the pickpocket" bids fair to become the national pastime unless the police interfere, says a correspondent at Buenos Aires. Pocket picking on street cars has become a great nuisance and a local newspaper offered a novel method of combatting the thieves.

"One of the tricks much practiced," it explained, "is for one person to stoop in the doorway of the car to tie his shoe lace or to pick up some object. Thus he obstructs the movements of the victim whose pockets are emptied by the stooper's associates. Brief and vigorous action is best. Kick the bending person into the car without mercy. He will express surprise, but this is better than being robbed."

The plan was an immediate hit. It proved such good sport that the slightest sign of a genuflection in the doorway of a street car is generally the signal now for the genuflector to land instantly on all fours in the middle of the aisle. No end of fights have resulted and the police are threatening to interfere. Meanwhile the pickpockets are devising other tricks and are receiving few of the kicks.

The Missing Pulse.
On board a warship which was in the thick of the battle of Jutland and was well hammered by the enemy many poor fellows lost the number of their mess and many more were sadly wounded. Among these latter, writes the chaplain of the grand fleet, was a sailor whose leg was so much shattered and lacerated by a splinter of shell that there was nothing else to do but to amputate it above the knee. The poor wounded man was practically unconscious from loss of blood, so the surgeons were not able to tell him of their intentions before operating. Some hours later he recovered consciousness and found himself comfortably tucked up with the stump dressed and bandaged. When he learned what had happened he broke into an agonized cry. No, not for the crippling he had undergone; his cry was:

"Where's my leg? For evin's sake, find my leg, somebody! It's got all my money in the stocking."

Garden Out of a Swamp.
Hiram Wilson, formerly of Aurelius the man who added hundreds of thousands of dollars to the wealth of his neighbors, is dead, the Detroit News states. Wilson years ago conceived the idea of doing gardening in Aurelius swamps, which comprise many acres. He was regarded as at least mildly insane when he went into the swamp and cleared a place for a vegetable garden. Farmers and scientists proved conclusively that nothing could be raised successfully because of the water and the nature of the soil, but Wilson kept on despite ridicule. When he raised a bumper crop many others followed his example and in time a large part of the swamp was conquered. Wilson worked out a drainage scheme by means of a series of ponds which he stocked with carp. The fish grew to immense size and also added to his income.

His Negligence.
"Grand avenue was jammed with motors and street cars, and there was a fire run just as I tried to cross," explained skippy little Mr. Meek. "I literally took my life in my hand and—"
"Yes, and probably that was just where you lost the package of bird seed," interrupted his wife. "I cannot trust you to bring anything home."—Kansas City Star.

Not on the Map.
Farmer Brown—Look here, mister, the war map you sold me ain't correct. Shopkeeper—Really! How do you know that?
Farmer Brown—My boy has written home and says he's just going to Reno. But I'm hanged if I can find the place marked on the map!—London Tit-Bits.

IS THIS "YOUNG MAN'S AGE?"

Golden Period of Achievement Comes When Man Is Well Past Forty Years of Age, It Is Claimed.

"Our times are frequently called the age of the young men. But when one looks back to the revolutionary era of our country, from 1775 to 1825, and considers the striking youthfulness of the leaders of America the appellation does not appear exactly to fit," said a New York man in a recent interview. "Nor do the men now in their twenties and thirties push the men of the forties and fifties hard enough to prove that this is pre-eminently the young man's age. Unless men of forty are considered young, this scarcely is a young man's age."

"The youngsters under thirty receive an undue degree of attention from the professions and business. A notion prevails that the latest graduate from college, technical school or university is more desirable than the man who has had post-graduate courses in life's college of experience. Best sellers, movies and magazine articles about business foster the notion. Consequently, a distressingly large number of men from twenty-five to thirty expect to be the bosses of big businesses or corresponding professions or technical vocations by the time they are thirty-five."

"Many will, if they work hard and prove to possess capacity, occupy positions of responsibility. But scarcely at thirty-five. The golden age of achievement really comes in most cases 15 years later. In fact, the present age is the age of the mature man. In literature the success today is not the man of thirty. Irvin Cobb would almost universally be considered a success in literature, but Cobb is forty-one and has not reached the fullness of his power. George Ade is fifty-one, Tarkington forty-eight, Frank Cobb, a chief writer of editorial, forty-eight. The success achieved through development of talent, hard work and sacrifice is reserved for the mature."

SEA MOSS MAKES GOOD FOOD

Made Into "Laver Bread," It Is Found on Sale in All Welsh Markets Near the Coast.

The sea moss on the Irish coast, called by some "sloak," is really laver. In Ireland it is called "Sloucaun" (with the "c" hard), and "Slouc" for brevity. In Ireland, as in England, it is prepared by washing, to get rid of sand, etc., and then boiling. When boiled, a little butter or bacon fat is added and a dash of lemon juice completes the preparation. It is eaten with fish, and by some with mutton instead of jelly.

In Wales a great deal of laver is used, mostly in the form of "laver bread," says the London Chronicle. The boiled laver is mixed with a proportion of oatmeal and shaped into round cakes.

"Laver bread," or "lava bread," as it seems to be pronounced, is on sale in all the Welsh markets anywhere conveniently near the coast.

Good Night.
There are two brothers in Indianapolis whose names are not John and Richard Jones, but might be. Richard owns a grocery store and his telephone listing follows directly under the listing of John's residence. This conversation took place the other day between Mrs. John Jones and a voice on the wire:

"Hello, is this Jones'?"
"Yes."
"Have you got any soap?"
"Why, yes, I guess I've got a little. Why?"

"Why, I want to buy some. What do you think?"
"I've only got one cake. Who is this, anyway?"

"Isn't this Jones' grocery?"
"No."
"Good night!"—Indianapolis News.

New Use for Motorcycles.
That new uses for motorcycles are still being discovered is shown by the fact that a Californian with a big lawn to care for drives his mower with the aid of his powered cycle. After several unsuccessful attempts he devised a satisfactory means of attaching the grass cutter to the front forks of his machine, and now he asserts that he can trim the lawn in about one-tenth the time formerly required. The only consideration that limits his speed apparently is the fact that the mower must be oiled frequently.—Popular Mechanics Magazine.

Discontent.
A certain discontent with the immediate job is one of the most common of human failings. Ninety-nine out of every hundred of us are conscious of it at intervals, or more or less continuously. There are times, and with some it is practically all the time, when we would like to do something else, be something else or be somewhere else. The grass on the other side of the road looks greener; the other fellow's job looks easier and more desirable.—Providence Journal.

Making Fire With Ice.
Take a smooth, clear, curving piece of ice, one not too thick, and hold it in the rays of the sun so that it will bring the light to a sharp focus just as will a lens in a reading glass. The ice will not last long enough to burn a piece of paper, but if the focus rests on a speck of gun cotton it will cause combustion and a flame will result. Arctic explorers have built fires often with this expedient when matches were absent and dirt and rock not available.

MAY FOUND JEWISH REPUBLIC

England, France and United States to Exercise Joint Protectorate After War, Is Report.

Palestine is to become a Jewish republic at the end of the war, according to a recent report that appeared simultaneously in London and Washington. It is thought possible that the disposition of the Holy Land was one of the subjects discussed by the British and French envoys with President Wilson and Secretary Lansing at Washington. That the United States would favor such a plan is considered certain.

According to the report the Jewish republic, known as Judea, would be a protectorate of England, France and the United States acting jointly. Jerusalem would be the capital of the new republic, which would have local government. Should this plan be carried into operation a great migration of the Jews back to their ancient land will likely take place. Not a great many are expected to leave the United States, but the several million more or less persecuted members of the race in Roumania, Serbia, Austria-Hungary and Germany, along with some from Russia, no doubt will take advantage of the chance to live in a state where they will have equal opportunity as well as the right to worship in their old temples. Jerusalem, under such a condition, would become again a city of millions and the great spaces of now arid lands in Palestine would be reclaimed.

BOOK OUTPUT IS INCREASED

Number of Publications in United States in 1916 Showed Gain in Spite of Rising Costs.

The rising cost of paper, ink and the other materials of bookmaking did not curtail the number of publications in 1916; instead there was a net gain of 711. Of American publications there was a falling off in the number brought from the other side, showing the writers, though generally maintaining the pen is mightier than the sword, have taken up the latter. That the cost of production does not restrict the book output is indeed fortunate for aspiring authors; if the publishers choose to make the price of paper an excuse, they could make the path to literary success steeper than it is now, says the Pittsburgh Gazette. But in a land that turns out 10,445 titles in a year, as this one did in 1916, there is a chance for the mediocre. Of the output, 8,797 were works done in America, so leaving out the best sellers and class and technical books, quite a number of poets and story tellers must have taken their places among the elect. One would hardly think authors were so plentiful. It is probable the war has speeded up book production, and that it would have to make printing costs very high before the tide of war-borne fiction and other matter would be stemmed.—Pittsburgh Gazette-Times.

An Unsolved Mystery.

The St. Louis Art museum recently announced the possession of a polychrome earthen vessel of unique design, which remains a mystery to archaeologists. It was found among the ruins of the ancient city of Quirigua, Guatemala, during the excavation of that site in 1912, and since then has provoked a great deal of discussion as to its origin and purpose. The vessel is described as seven inches in height, with a constricted band around the rim, doubtless intended to accommodate a cover, and "its fluted body swells below into a bulbous base, which is slightly concave beneath. The paste is moderately soft, light gray in color and the surface is finished with a slip or wash of light salmon hue carefully rubbed down with a polishing implement." But the odd feature of the vessel is the human face molded on the front of it. It is a type of face totally unlike that of the aborigines who inhabited this region and archaeologists are therefore puzzled concerning the history of this one relic. How did an aboriginal American potter happen to model a face of the type seen only in the old world? So far the question has not been answered.

Aerial Postal Service.

Plans are now on foot in Europe to utilize for postal service, after the war, a great number of the airplanes which the various nations have acquired for military purposes, as well as the services of the many skilled aviators who have been trained since the war began. In France, a large civilian committee, of which M. d'Aubigny of the chamber of deputies is chairman, has had this subject under consideration since the first of the year. Similar plans are being discussed in Spain, and the Spanish minister of posts has begun negotiations with a view to securing some of the surplus aircraft of France for use in the Spanish postal service.—Scientific American.

The Worry Habit.

In all forms of worry, the organic sense of well-being becomes disordered, and life, instead of being beautiful, is seen through smoked glass. People worry over trifles—the weather, their dress, work, failure, pains or financial conditions. Some of these worries have a physical or temperamental basis, but most of them are simply wrong mental attitudes. They can be cured by a cheerful philosophy of life. The "sunshine societies," "don't worry clubs" and "reading circles" all help in the re-education of mental habits.

Is Your Barn Worth Saving?

If it is better cover it with Galvanized Roofing. Yesterday the paper reported seven (7) barns as having been burned.

Will Yours be the Next?

We are going to sell what galvanized roofing we have on hand at the old prices. When this is gone, watch prices advance.

Roof It Now

FORBES MFG CO.

Incorporated